

- 2131 O Street NW  
Washington, DC  
20037

Postage  
Information

Your Return Address  
Street Number and Name  
City, State ZIP Code

## UP COMING EVENTS

**Virtual visits – face time/zoom  
calls with family members**

**One to One activities will be  
held on all floors!**

## MARCH MONTHLY BIRTHDAY

BILBRUE, LIZZIE  
BUSH, JOYCE  
BYRNE, PATRICIA  
CHASE, GREGORY  
CHATMAN, OSCAR  
FANO, OLINDA  
HAMMOUN, SAADIA  
HAYNES, CHARLES  
KELLY, MICHAEL  
MILLARD, BRENDA  
OLDS, JULIUS  
REHWALDT, HELEN  
ROYAL, KATHERINE  
STROM, JOHNNIE  
WHITAKER, LAKHISA



**March 5  
Employee  
Appreciation  
Day**

**March 14  
Daylight  
Savings Time**

**March 17  
Saint's Patrick  
Day**

**March 25  
International  
Waffle Day**

**March 23  
National  
Puppy Day**

**March 28  
Psalm Sunday**

**March 30  
National  
Doctors' Day**

# Inspire News

2131 O Street NW Washington, DC 20037

March 2021

May you always have...  
Walls for the wind  
A roof for the rain  
Tea beside the fire  
Laughter to cheer you  
Those you love near you  
And all your heart might  
desire

Irish Blessing



**Inspire  
Executives**

**Director of Nursing**  
Odion Imhienintama

**Director of Activities**  
Gale Cooke

**Social Workers**  
Lois Fitzgerald  
Nancy Quarles  
Kim Sungsook

**Rehab Director**  
Harsha Dhingra

**Business Office**  
Nikki Smith  
Saciya Gossett

**Admissions**  
Ashley Hyman  
Kendra Cooper

**Human Resources**  
Jennifer Adedeji  
Jennifer Kellman

**Quality Assurance**  
Linda Harris

**Dietary Services**  
Dorothy Emeche  
Helen Akunwafor  
Dwane Walters

**Director of  
Environmental  
Services**  
Valencia Nelson

**Director of  
Maintenance**  
Yisroel Waxman

# Fun Facts:

Every year, March and [June](#) finish on the same day of the week

[Saint Patrick's Day](#) occurs every [March 17<sup>th</sup>](#), celebrated in many western countries to commemorate the day Saint Patrick died

Easter Sunday is another popular holiday of this month. Originally observed by Christians to celebrate the resurrection of Jesus Christ, it has now become a holiday involving egg hunting, candy, and the Easter bunny.

On [March 10, 1876](#), Alexander Graham Bell made the first ever phone call. It was to his assistant and he said “Mr. Watson, come here. I want to see you.”

President John F. Kennedy founded the Peace Corps on [March 1, 1961](#). It is a successful volunteer organization which has since sent at least 235,000 Americans abroad to developing countries to help with health care, education, and other human needs.

March is the equivalent of [September](#) in the Southern Hemisphere.

The first month of spring is March, which starts between the 19<sup>th</sup> and the 21<sup>st</sup>.

If you were born in March, your birth flower is a daffodil!

The “Ides of March” was a day in the Roman calendar equivalent to [March 15<sup>th</sup>](#). It was considered a deadline for settling debts. It was also the day Julius Caesar was assassinated.

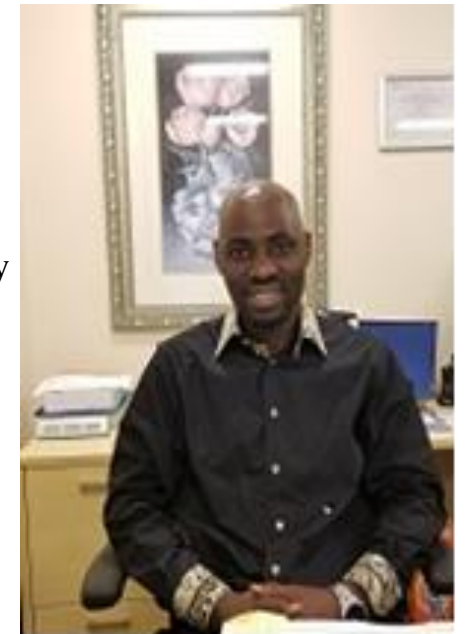
In old Roman calendars, one year used to be ten months long, starting in March and ending in [December](#).

## A Message from the Administrator:

The month of March is always an opportunity to match forward. I have found that one of the few ways to progress is by answering to the needs of others. Answering the call of need will translate to the notion of givers never lacking. We must love others more than they deserve, constant kindness causes hatred to evaporate. As we continue to battle this pandemic, I thank you for the sacrifices you have made, the bridges you have successfully crossed and the people you have connected with.

Let’s put action into our vision, for action without vision is a nightmare. As a facility, it is my core belief that we have started the year strong which is a good thing; however as a team we need to work towards a strong finish. If we have the right mental attitude nothing can stop us from achieving our goals, but nothing can help us achieve those goals if we have the wrong mental attitude. We do have room for improvement, someone was told me that the largest room in the entire world is called the room for improvement. Let’s dream new dreams, for it is better to live for something than to die for nothing. Don’t let your dreams fizzle out, dream and then dream again. Let your dreams transport you into the possibilities of the future.

Prepare your mind towards the concept that difficulties come not to obstruct us but to instruct us. Let our adversities not break us down but make us break records. We are not finished when defected but only finished when we quit. We can determine our destiny but not our problems, so inhale the air to fight all problems no matter how challenging. Hold on to the mantle of courage, as without it all other virtues lose their meaning. Keep as your motto this month the words of Samuel Smiles when he says “We learn from wisdom from failure much more than from success. We often discover what we do by finding out what not to do, and probably he who never made a mistake never made a discovery.



## Notable Quotes:

# March

## Is a month of Expectations!

Emily Dickinson